



Bereavement Care

Supporting you through grief and loss

ANNUAL REPORT AND ACCOUNTS

For the year ended

31st December 2022

The Lodge
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Middlesex HA1 4HZ
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Registered Charity number 1157002

BEREAVEMENT CARE
ANNUAL REPORT AND ACCOUNTS

For the year ended 31st December 2022

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BEREAVEMENT CARE

ANNUAL REPORT AND ACCOUNTS

For the year ended 31st December 2022

Trustees	Neena Bedi Bobbi Riesel Leslie Pappoe Jeremy Day Geraldine Dammen Kombonglangi Almarene Frederick Maceo Frederick Bhavini Kaviya Jack Lynes Richard Segalov John Spencer Victoria Wells	(Chair) (Vice-chair) (Honorary Treasurer) (Honorary Secretary, to 18/02/2022) (to 22/09/2022) (to 15/08/2022) (to 18/02/2022)
Corporate Members	Afghan Association Paiwand, Harrow All Saints Church, Harrow Weald All Saints Church, Queensbury Ark Synagogue (Northwood & Pinner Liberal Synagogue) Asian Bereavement Care Dovetail Bereavement Care (in association with Hillingdon Park Baptist Church) Edgware & Hendon Reform Synagogue Edgware & Mill Hill Bereavement Support Group Elliott Hall Medical Centre Emmanuel Church, Northwood Harrow and Hillingdon Circuit of the Methodist Church Holy Trinity Church, Northwood Holy Trinity Church, Wealdstone Ickenham Churches' Bereavement Support Group Kol Chai Synagogue Mosaic Jewish Community Pinner Synagogue Bereavement Support Group St John the Baptist Church, Pinner St John the Evangelist Church, Stanmore St Luke's Hospice, Kenton St Margaret's Church, Uxbridge St Martin's Church, Ruislip St Mary's Church, Harrow-on-the-Hill West London Synagogue	
Bankers:	HSBC 26-28 St Ann's Road, Harrow, Middlesex HA1 1LA	
Independent Examiner:	Margaret Matchett Flat 1 Stanmore Lodge, 71 Stanmore Hill, Stanmore, Middx, HA7 3EX	
Executive Officer:	David Griffiths The Lodge, 64 Pinner Road, Harrow, Middlesex HA1 4HZ	

TRUSTEES' REPORT

The Trustees are pleased to present their report with the accounts of the charity for the year ended December 31, 2022.

Charity

Charitable status

Bereavement Care obtained a Charitable Incorporated Organisation (CIO) status in 2014. The aim of the organisation is to provide emotional support to people during bereavement. Grief impacts both the health and emotional wellbeing of a person. This journey may be painful and lonely, we help people through it. Our trained volunteers are good listeners and offer free support to all, regardless of religion, race, sexuality, disability, gender or age. As we cover a wide geographical area, our support is either over the telephone / mobile or face to face in person as home visits.

Charity Objectives

Our objectives for the public benefit are:

To relieve the suffering and distress caused by bereavement or loss among people who seek our help.

This would be, in particular, but not exclusively by:

- Offering support through the process of grieving.
- Increasing the public awareness and knowledge of the needs of bereaved people, or those who have experienced loss, throughout the community.
- Training and supervising suitable volunteers in listening skills for working with the bereaved (whether in their homes or in other appropriate places).
- Co-operating with and offering training to other agencies engaged in similar work.

Organisation

Trustees

The constitution allows for up to twelve elected Trustees and one nominated Trustee appointed by Harrow Deanery Synod.

Visitors

There are approximately 135 volunteers, who are trained in visiting and listening skills, and have worked with bereaved people in their homes or in other appropriate places such as drop-in centres. Each visitor successfully completes the Initial Bereavement Training (IBT) before joining a group. Visitors work to a comprehensive code of practice and are expected to complete a Disclosure and Barring Service (DBS) assessment, where appropriate.

The visitors contact bereaved people who are referred by their Group Leader or have requested support via the Bereavement Care office. Visitors are supervised by a Leader within the context of a group which meets regularly. Group Leaders have meetings for mutual support and exchange of information and have been supported by the Honorary Consultant Supervisor, Dr. Dorothy Edwards.

Review of the year

There are separate reports covering Conference, Training, and Fundraising & Awareness. There is also a report from the Chair of the Trustees and from the Executive Officer.

Staff

Bereavement Care has only one part-time employee.

Office

Bereavement Care rents an office in one of Harrow Council's buildings: The Lodge, 64 Pinner Road, Harrow. The office is adequately equipped with computers, photocopier and filing cupboards. The office is at present not set for remote working. People have to be in office to access information and documents. Trustees would like to develop systems to make it easier for stakeholders to access policies, documents, and policies from home. Obviously, these systems will have to comply with Data Protection and Safeguarding of information guidelines.

The Trustees

CHAIR'S REPORT FOR THE YEAR ENDED 31 DECEMBER 2022

2022 brought further relief from COVID restrictions. The complete lockdown in 2020 and partial lockdown in 2021 had served its purpose and herd immunity to COVID had improved. Our immunity was stronger due to the vaccinations programme, reaction to COVID virus was getting milder. So the government restrictions and guidelines relaxed and people were allowed to mingle with caution, our charity activities slowly started getting back to normal. Our volunteers were still encouraged to do their own risk assessment bearing in mind the vulnerability of their family and their circumstances. Wearing of mask during visits, drop-in and meetings was a choice and not a compulsion. Ensuring the meeting room have good ventilation, seating well-spaced, hygienic surroundings with a supply of antimicrobial gel and wipes became the new norm and second nature for organisers and attendees.

Zoom meetings and virtual training sessions reduced and it was a great pleasure to see people in person and socialise again. Our main activities during the year were Conference, Fund Raising-raising awareness, and Training sessions. Each group have submitted their report as attached, so I will avoid repetition and only focus on the highlights.

Conference committee, comprises of a group of dedicated competent and highly motivated volunteers. Trustees are truly grateful to the team and would like to formally thank them for their time and dedication. They met regularly during the year to deliver a high-level professional conference. Their planning is meticulous, focusing on relevant well thought out topics. If you have not attended one of our conferences, then you must try and attend this year. It is an inspirational/ exhilarating experience. One leaves the conference fully charged and rearing to go!

This activity is a showcase for the charity as it is purposeful in raising emotional intelligence of the attendees, provides a forum for discussion on sensitive topics. It also raises the profile of the charity. We do not regard our conference as a money-making exercise so the fees are kept low to encourage attendance. Our Speakers also give their time free of charge or take a small token amount to cover travel cost, which is much appreciated.

Fund Raising and awareness committee is a relatively small team of five. Their energy and commitment to Bereavement Care is commendable. They usually carry out four activities in the year of which the Quiz with supper fish and chips are most popular. In 2022 they raised £3700 for which the charity is very grateful. Trustees take this opportunity to thank the committee members for their selfless hard work. Trustees would like to pay homage to Jack Lynes. Jack was an active member of the group, taking the position of chair and later co-chair. He was well known for collating the questions for the Quiz, making it challenging yet entertaining and allowing all to participate. He worked tirelessly till the end for the Charity, for which the Trustees are very grateful. We will miss his smile and his out of the box thinking.

Training programmes increased this year and moved to face to face, in person sessions. This is an essential part of our activities as it standardises the support our volunteers give to our clients. Unfortunately, it is still a fee-paying course, as we have to pay out trainers. When funds allow, Trustees would like to offer this free of cost to volunteers and stake holders. We publicise and run these courses to other organisations and non-members. Trustees would like to acknowledge the time and effort put in by our trainers. It will be amiss, not to acknowledge the support provided by David Griffiths, to ensure the smooth running of these courses.

Our Assessors, Group Leaders and volunteers are the backbone of our charity. They play a key role and have the responsibility for assessing all new cases. On their recommendation a case is accepted and passed on to our group leader and volunteers. It can be said they are the gatekeepers of our charity. Their diligent, selfless, consistent contribution is very much appreciated by Trustees and other stakeholders. It will be fair to say the charity could not function without them. A very big thank you to Jean Orpwood, Bette Fraser, Emmie McGregor, Debbie Scott, Sharon Smith, Helen Blakeley, Carole Scarlett, John Spencer and Bridget Murray. Group Leaders and visitors do an amazing job of supporting clients. We are lucky to have Dr Dorothy Edwards, as a consultant supervisor. She is always available to give us advice and guidance.

Other stake holders- We would like to thank our two ex-trustees Maceo Fredrick and Jean Seymour. They have stepped down from active roles but are always there when we need them. Maceo helps with payroll and Jean helps with secretarial matters. Margaret Matchett for offering her professional expertise as an Independent Examiner of our accounts. We are lucky to have these selfless diligent people supporting the charity.

Development plan- Trustees believe that our charity provides a very important service to people in grief, at their lowest emotional point in life. Ideally, we would like to see the charity expand and support more people. For this we need to be more visible and raise awareness in society. We can only progress if all stakeholders work collectively to move the organisation forward. We should aim to display a leaflet or poster in every possible public place- doctors' surgeries, libraries, undertakers, hospitals, schools and chemists telling people of the valuable free service we provide. To support this drive, we need to increase manpower at all levels- group leaders, volunteers, assessors, trustees, and administrator. We want to be better equipped to respond to requests for support from people/ clients and organisations. However, Trustees are very aware of our limitations on both fronts- manpower and monetary constraints. It's a chicken and egg situation, which one comes first?

Could the answer lie in reviewing our procedures with a view to work smartly. Bringing change in an organisation which has been in existence for over 40 years is sometimes difficult. It may be worth exploring ways to slimdown procedures, by giving better access to information and data base to assessors and group leaders so that some of the administration time is reduced. This would free David from mundane tasks and he could then have the time to explore different exciting ways of fund raising, promoting our charity and attract more volunteers. This will necessitate upgrading our Information Technology system using professional help, followed by training stake holders to use and own it. To take the charity forward in this direction we need the goodwill / enthusiasm of all stake holders.

Although we are maintaining status quo, Trustees are concerned that we are gradually depleting our resources. We do not have any regular income and totally rely on fundraising and donations. It is important that we all work collectively and play our role to keep the charity afloat.

Lastly, Trustees would like to acknowledge the sad passing of our valuable members and their contribution to bereavement care. Our condolences to the families and friends of Cyril Tompkins, Jack Lynes, Helen Tanner, Mary Holmes and Teresa McAbery.

Neena Bedi
Chair

TRAINING REPORT

In 2022, we picked up the momentum in our training (after two years of coping with online webinars and the reservations of returning to face-to-face training in the wake of the Covid pandemic). Six Initial Bereavement Training Courses were held during the year, training 50 adults with our well-established formula. Unfortunately, not all of the trainees were destined to volunteer with Bereavement Care, but we did take on several and many of them are already supporting clients. We were particularly grateful to be given venues either free of charge or at minimal cost, in order to run these courses and keep the course fees at a reasonable price. Our thanks to Emmanuel Church Northwood, John Keble Church Edgware, St Luke's Hospice and Kenton Methodist Church.

In March we were delighted with the response from over 40 of our volunteers, who tuned in to an online webinar Workshop on Data Protection, led by Judy Roth (from Jewish Women's Aid, and also a Bereavement Visitor at Pinner Synagogue).

We were once again grateful to Harrow and Hillingdon Methodist Circuit for allowing us to use The Lighthouse Centre in Ruislip for our face-to-face Children and Grief Training in April. Eight trainees were due to attend; but numbers reduced to five following one testing positive for Covid

on the day of the course, another unable to be released from their school due to staff sickness and a third for other reasons. It made us realise that we were still facing the aftermath of Covid even though everyone was trying to return to some degree of normality.

Of course, we also provide training to other organisations who recognise the expertise and experience that our Trainers have to offer (and it produces a little extra revenue for Bereavement Care). Three Webinars were presented for Reform Judaism in March and April. A Children and Grief Training Course was run for volunteers working with Halo Children's Foundation in Hayes in May. Baker-Law, a Solicitors and Legal Practice in Farnham, Surrey requested a Webinar to help their staff in "Understanding Bereavement" and how to respond appropriately when dealing with bereaved clients. Need to Talk Counselling, based in Harrow, benefitted from 15 of their counsellors being trained over two sessions with an "Introduction to Bereavement" at Harrow College. The Liberal Jewish Synagogue in St John's Wood asked us to provide a workshop "Supporting those bereaved by Suicide"; and the Roman Catholic Church of the Most Precious Blood and St Edmund in Edmonton (Roman Catholic Diocese of Westminster) had a "follow-up" to some bereavement training that had been provided by us pre-pandemic.

This would not have been possible without the generous commitment and support of our Trainers: Helen Blakeley, Bette Fraser, Judy Karbritz, Emmie McGregor and Bobbi Riesel.

FUND RAISING AND AWARENESS COMMITTEE REPORT

The Fund-raising and Awareness Committee worked tirelessly throughout the year, arranging events and recruiting (a small number of) volunteers to help with the various initiatives – many of which have become 'regulars' in the Bereavement Care calendar.

In 2021, Dr Lewis Owens (St Martin's Challenge) had managed to encourage benefactors to donate a holiday in Mauritius and a substantial contribution towards airfares; which together with a £150 John Lewis Voucher and a Red Letter Day Experience provided the prizes in a Grand Raffle Draw. With such an attractive first prize, it was believed that the tickets would be keenly purchased. The tickets were sold throughout the autumn of 2021 and into the early spring of 2022, with the draw due to take place at the Fish and Chip Supper Quiz. It was disappointing that some of our volunteers were reluctant to sell tickets to their friends and family for such a good cause. However, the ticket sales raised £4,166 and the first prize winner, Fay Avery, apparently had a very enjoyable week in Mauritius.

It was particularly pleasing that Fay was present and participating at the Fish and Chips Supper Quiz when her ticket was drawn. The Quiz was held at the Harrow and District Masonic Centre in Kenton in February. Our thanks to the small team of regular helpers who rally round to get everything together to make the evening both enjoyable and successful. The Quiz raised £1,800.

Her Majesty The Queen celebrated her Platinum Jubilee in June, and Bereavement Care was present at the Eastcote House Gardens Jubilee Picnic with its familiar fund-raising and awareness gazebo and stall. The weather was great and the crowds turned out, and £386 was made on the 'prize-every-time' tombola.

Just three months later, we were repeating the same at Rotary Club's Pinner Village Fair on 10th September. On this occasion, just £177 were the proceeds of the tombola, but the success of these two events is not essentially in the funds raised – but in the conversations that are initiated with prospective clients or volunteers. There are few opportunities where members of the public have time to stop and chat, either to find out what we provide in the way of bereavement support, or how they can volunteer with us.

Certainly, the four Charity Bucket Collections that were held at Morrison's Supermarket in Hatch End during the year were exhausting. There do not appear to be many of our supporters who are willing to spend an hour or two holding a collecting bucket at the store entrance whilst busy shoppers pass by, trying desperately hard to avoid eye contact with our volunteers. Many no longer carry small change (apart from the £1 coin to release their trolley) so we have been trying

to offer donations by debit card – but this is time-consuming and not everyone's choice. Having said that, the four collections in total raised over £860; and since all of that money is donated, we can claim Gift Aid on Small Donations bringing the total to over £1,000.

We were delighted to be back Carol Singing at Harrow-on-the-Hill Underground Station in December. The number of commuters has certainly reduced since pre-Covid times and we collected £484. The following evening at St Ann's Shopping Centre, it was warmer, but the total collected was slightly less at £359.64. Our sincere thanks to our musicians and singers, who brought a little festive cheer as we approached Christmas.

Unfortunately, the Fund-raising and Awareness Committee needs new members, bringing new ideas and new energy to support the work of Bereavement Care, both in raising funds and in generating awareness in the community. In total, £8,235 was achieved through the endeavours of this small committee, with a further £420 which can be added in Gift Aid.

Our sincere thanks to Bobbi Riesel, Jeanette Leibling, Trudy Segal and Wendy Williams – and to all those who have contributed by attending events, donating prizes, selling draw tickets, holding collecting buckets, singing Christmas carols and generally supporting Bereavement Care.

CONFERENCE REPORT

Committee members

Angela Atkins, Sharon Goldstein, David Griffiths, Karen Pollak, Jenny Reid, Emmie McGregor, Bobbi Riesel, Linda Farley (Minute Taker), Judy Silverton (Chair).

The Annual Conference was held in person on 26th October 2022, the first time since the pandemic and it was aptly named **Back to the Future: New Ways of Being**. The committee realised that there were still some people who may not be ready to mix. However, we felt we really needed to 'get back to normal'.

We used a new venue this year, Emmanuel Church in Northwood. There was plenty of space with several rooms for workshops. It worked extremely well although, it was very cold as the boiler had broken. There was also a slight problem with noise from the builders who were repairing the roof. The builders did stop when asked but the church did get progressively colder as the day wore on.

The audio and projection systems were fairly sophisticated and Jon Fiber, our amazing IT/AV man, was able to get to grips with it all quite easily.

We had two keynote speakers: Samantha Duggan from Alcoholics Anonymous and Judy Roth from Jewish Women's Aid. Both spoke for about 40 minutes with 20 minutes for Q&A. Samantha was an excellent, professional presenter. Unfortunately, Judy had too many PowerPoint slides. Both Q&A sessions were lively with Sharon Goldstein and Bobbi Riesel in control of the roving microphones.

Lunch was served in the Lounge and always was a great success, thanks to Bobbi and her team of helpers.

After lunch delegates had a choice of one of six workshops:

Mindfulness – Barbara Lenton. Barbara is a qualified Mindfulness Based Awareness Coach who is deeply passionate about personal growth and development of wellbeing. She came across the concept of mindfulness and living mindfully in her personal life and, after gaining an appreciation and recognising the benefits it had given her, decided to immerse herself fully in the practice.

An introduction to Mental Health First Aid – Derek Reale. Derek is Founder and Managing Director of Primum Workplace Wellbeing in Hillingdon. He has a clinical background having worked in well-being and occupational health for 20 years, and was able to introduce delegates to some of the considerations around mental health first aid.

Supporting Children and Young People - Tracey Boseley and Rebecca Haycock. Tracey is Child Bereavement UK's Head of Education Services, and together with Rebecca Haycock, they discussed the particular needs and requirements in supporting bereaved children and young people.

Supporting those bereaved by Suicide – Sam Miller and Lucas Dawe. Sam and Lucas both work with Bereft, the bereavement support charity for those living in the London Borough of Ealing. They provided some very helpful guidelines when supporting friends and family members who have been bereaved following the death of a close friend or relative who has taken their own life.

Supporting Bereaved People by Telephone – Kalpana Mehta and Isobel Nissen. Kalpana and Isobel are part of the Harrow Samaritans Outreach, Recruitment and Training Team. Their workshop addressed some of the challenges that volunteers have to cope with when speaking to a client on the telephone (rather than face-to-face).

Unconscious Bias - Aurora Da Silva. Aurora is the Founder, Senior Manager and Clinical Supervisor for Need to Talk Counselling Service in Harrow. She was able to challenge delegates in their day-to-day practice, helping them to consider the unconscious biases that we often fail to notice when working with clients.

The Workshops were summarised and reviewed in the final plenary by Councillor Debbie Morris, Chair of Three Rivers District Council.

When closing the event, Judy paid tribute to the late Jack Lynes, who had contributed so much to the Conference Planning Group as well Bereavement Care.

I would like to add my thanks to the Conference Planning Committee members without whom this event would not be possible. Also, my grateful thanks to David Griffiths for his support and help with the administration which is always carried out extremely efficiently and never with a cross word, making my task much easier.

Our next conference will take place face-to-face on **25th October 2023** and is entitled **Bereavement: Coping with life alone.**

Judy Silverton
Chair, Conference Planning Group

REPORT FROM THE EXECUTIVE OFFICER

Last year was, very much, about trying to return to some degree of 'normality' following almost two years of the Covid pandemic. The return to face-to-face training, drop-in groups and face-to-face visiting had been cautiously reintroduced in the autumn of 2021, and the new year commenced with an Initial Bereavement Training Course at Emmanuel Church, Northwood. It was also possible to arrange a Children and Grief Course at The Lighthouse Centre, South Ruislip in April. We hoped that we had turned a corner.

However, the impact the Covid pandemic has had on Bereavement Care (in common with many other charities) has affected not only our clients and our volunteers, but also our financial sustainability. Fortunately, we were able to organise the annual Fish and Chip Supper Quiz, stalls at Eastcote House Gardens and Pinner Village Fair, and two sessions of Carol Singing. But, like the Covid pandemic, what we were unable to foresee was the economic hiatus that hit the UK early into 2022. Consequently, applications to charitable trusts and funding bodies became even more competitive, as these organisations prioritised supporting the most vulnerable in our society with funding diverted to foodbanks, warm hubs and community initiatives combating the 'cost of living crisis'.

Fortunately, we were successful in receiving support from the Jewish Joint Burial Society, who provided a grant of £4,000 towards the costs of the rent and service charges for our office. Donations were also received from the Schon Family Trust (£200), Leila Charitable Trust (£200), Probus Pinner (£260), Mosaic Reform Synagogue (£300), St Mary's Church, Harrow on the Hill (£500), Freemen of the City of London (£500), Waitrose, Harrow Weald (£500) and Pinner Parish Church (£1,000).

Although mentioned in last year's Annual Report, it would be remiss not to mention the sad passing of some of our long-term supporters in 2022: Cyril Tompkins (June); Jack Lynes (August); Helen Tanner (September); Mary Holmes (October); and Teresa McAbery (November). We are indebted to them for their unstinting service in supporting Bereavement Care and those who look to us for support. Our sincere condolences to their families and friends. We were extremely grateful to receive a donation "in memoriam" of Jack Lynes from Edgware and Stanmore Rotary Club of £3,000, and donations from other supporters "in memoriam" for Jack, Cyril and Mary.

Those churches that were able to, restarted their annual Memorial Services in 2022 (very much in abeyance over the pandemic). The services allow those families who have experienced a bereavement over the past year to formally remember their loved ones; the services often taking place around the Christian memorial of "The Commemoration of All Souls" in November, the month of Remembrance. We are grateful to those churches who take a collection from those attending, and offer it as a donation to Bereavement Care.

The number of client referrals received in our office in 2022 was lower than previous years with 125 (2021: 175) Adult referrals and 34 (2021: 39) Child & Young People referrals. This appears to be contrary to the increasing number of deaths in Harrow and Hillingdon over the past two years, not least due to the Covid pandemic. There is no one single reason as to why referrals have reduced; but there has been a significant increase in media coverage of responses to bereavement (particularly those bereaved by suicide – "Three Men Walking", "Molly Russell", "Roman Kemp" et al.) and the importance of talking to relieve stress and anxiety (such as ITV's "Get Britain Talking" campaign). Despite these very worthwhile initiatives, there will always be a need for volunteers who are trained to listen, and listen empathetically. However well-anticipated the death may be; however well-prepared the partner, family or friends may have thought they were: there is inevitably an over-whelming feeling of loss when someone close dies. Being there to walk alongside someone as they navigate their way through the grief is our privilege.

On behalf of all the children and adults that have received support from many of you, may I offer sincere thanks for all that you do.

David Griffiths,
Executive Officer

INDEPENDENT EXAMINER'S REPORT



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees	Charity Name Bereavement Care (The Trust)		
On accounts for the year ended	31/12/22	Charity no (if any)	1157002
Set out on pages	13 – 15		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 December 2022.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

. Delete [] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: Date:

Name:

Relevant professional qualification(s) or body (if any):

Address:

BEREAVEMENT CARE

Registered Charity Number 1157002

FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st DECEMBER 2022

RECEIPTS AND PAYMENTS ACCOUNT

RECEIPTS	Notes	GENERAL FUNDS £	DESIGNATED FUNDS £	RESTRICTED FUNDS £	TOTAL 2022 £	TOTAL 2021 £
Voluntary Income Sources						
Grants Received	2	2,500		4,000	6,500	7,865
Donations	3	10,644			10,644	8,677
Corporate Membership Subscriptions	4	2,700			2,700	3,850
Individual Membership Subscriptions	4	360			360	670
Gift Aid		826			826	844
Memorial Service Collections	5	1,070			1,070	911
Sub Total		18,100	0	4,000	22,101	22,817
Other Income						
Fundraising	6	6,244			6,244	4,775
Conference	7	4,326			4,326	2,440
Training	8	3,590			3,590	3,880
Bank Deposit Interest		30			30	6
Total Receipts		£32,290	£0	£4,000	£36,290	£33,918
PAYMENTS						
Operating Costs						
Fundraising Costs	6	2,534			2,534	55
Conference Costs	7	2,300			2,300	1,328
Governance Costs	9	266			266	178
Staff Costs		17,104			17,104	27,016
Premises Costs		1,429		4,000	5,429	6,034
Training		1,659			1,659	1,379
Insurance		1,572			1,572	1,135
Telephone and Internet		1,064			1,064	1,024
Printing, Postage and Stationery		935			935	1,042
Volunteers, Visitors and Group Leaders		312			312	444
Office Costs		242			242	173
Total Payments		£29,415	£0	£4,000	£33,415	£39,808
(Deficit)/Surplus for the Year		2,875	0	0	2,875	(5,890)
Cash and Bank Balance at 1st January		24,927	24,732	0	49,659	55,549
Cash and Bank Balance at 31st December		£27,802	£24,732	£0	£52,534	£49,659

CASH AND BANK BALANCE	2022				2021			
	General Fund £	Designated Fund £	Restricted Fund £	TOTAL £	General Fund £	Designated Fund £	Restricted Fund £	TOTAL £
Monetary Assets								
Metro Bank Account	18,898	12,000	0	30,898	11,628	12,000	0	23,628
HSBC Higher Interest Account	4,857	12,732	0	17,589	5,827	12,732	0	18,559
HSBC Business Account	1,943	0	0	1,943	5,889	0	0	5,889
Cash in Hand	181	0	0	181	3	0	0	3
PayPal Account	1,923	0	0	1,923	1,580	0	0	1,580
Closing balance	£27,802	£24,732	£0	£52,534	£24,927	£24,732	£0	£49,659

BEREAVEMENT CARE

Registered Charity Number 1157002

NOTES TO FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st DECEMBER 2022

1. STATEMENT OF ACCOUNTING POLICIES

The financial statements of the charity have been prepared on a receipts and payments basis and generally in accordance with the Charities SORP 2015 and The Charities Act 2011.

a. Funds and Reserves

The General Fund represents the funds of the charity that are not subject to special restrictions regarding their use and are available for application to the general purposes.

The Designated Fund represents funds that are held at the discretion of the trustees and therefore unrestricted.

The Restricted Fund represents funds that are restricted by a particular purpose and must be used within a reasonable period from their receipt.

b. Statement of Assets and Liabilities.

The statement of assets refers to monetary assets only.

Expenditure on capital equipment etc. is not recognised in these financial statements although a simple inventory of non-monetary assets is maintained by the trustees.

2. GRANTS RECEIVED

General Funds

Harrow Together
Total per Receipts Account

2022 £	2021 £
2,500	0
£2,500	£0

Restricted Funds

Jewish Joint Burial Society
Postcode Neighbourhood Trust
Total per Receipts and Payments Account

2022 Receipts £	2022 Payments £	2022 Surplus £	2021 Deficit £
4,000	4,000	0	0
0	0	0	(10,000)
£4,000	£4,000	£0	(£10,000)

3. DONATIONS

Donations in 2022 comprise of amounts received from the general public.

4. MEMBERSHIP SUBSCRIPTIONS

Corporate Membership Fees - Current year
Corporate Membership Fees - In Advance
Total per Receipts and Payments Account

2022 £	2021 £
2,700	3,850
0	0
£2,700	£3,850

Individual Membership Fees - Current year
Individual Membership Fees - In Advance
Total per Receipts and Payments Account

360	645
0	25
£360	£670

5. MEMORIAL SERVICE COLLECTIONS

St. John's Church, Pinner
St. John's Church, Stanmore
All Saints Church, Harrow Weald
All Saints Church, Queensbury
Total per Receipts and Payments Account

2022 £	2021 £
665	314
268	250
130	105
7	242
£1,070	£911

BEREAVEMENT CARE

Registered Charity Number 1157002

NOTES TO FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st DECEMBER 2022

6. FUNDRAISING

Quiz Supper - This year
Grand Raffle
Pinner Village Show
Christmas Card Sales
Fundraising Regulator
The Rotary Club
Barnet Walking Football Team
Total per Receipts and Payments Account

2022 Receipts £	2022 Payments £	2022 Surplus £	2021 Surplus £
3,047	1,204	1,843	1,895
2,604	1,250	1,354	1,950
563	30	533	274
30	0	30	56
0	50	(50)	(50)
0	0	0	(5)
0	0	0	600
£6,244	£2,534	£3,710	£4,720

7. CONFERENCE

Fees
Direct conference administration
Speakers' expenses, caretaker, audio and other expenses
Web hosting
Total per Receipts and Payments Account

2022 Receipts £	2022 Payments £	2022 Surplus £	2021 Surplus £
4,326	0	4,326	2,440
0	2,193	(2,193)	(1,200)
0	107	(107)	(36)
0	0	0	(92)
£4,326	£2,300	£2,026	£1,112

8. TRAINING

Workshops
Initial Training
Children
Total per Receipts and Payments Account

2022 Receipts £	2022 Payments £	2022 Surplus £	2021 Surplus £
1,550	605	945	1,410
1,335	689	646	295
705	365	340	796
£3,590	£1,659	£1,931	£2,501

Analysis of training funds:

General funds

Total

2022 £	2021 £
1,931	2,501
£1,931	£2,501

During the year 1 Trustee provided training on behalf of the Charity and was paid for this. The amount was as follows:

Trustee 1

Total

2022 £	2021 £
365	300
£365	£300

9. GOVERNANCE COSTS

Disclosure and Barring Service (DBS) Checks
Bank and Credit Card charges
National Children's Bureau
Data Protection Registration
Harrow Interfaith
SSL certification
Total per Receipts and Payments Account

2022 £	2021 £
84	0
72	27
50	0
35	35
25	25
0	91
£266	£178

10. FUNDS

General Funds
Designated Funds (Contingency Fund)
Restricted Funds
Total

Balance 31 Dec 2021 £	Money in 2022 £	Money out 2022 £	Balance 31 Dec 2022 £
24,927	32,290	29,415	27,802
24,732	0	0	24,732
0	4,000	4,000	0
£49,659	£36,290	£33,415	£52,534

GROUP STATISTICS for the year ended 31st December 2022

Bereavement Care – Analysis of work done by visitors/volunteers in 2022								
Visiting Organisation	Number Analysis	Number of all individuals contacted by visitors	of which no. of new individuals were	Time Analysis in hours				TOTAL HOURS
				Visiting ***	Phoning/e-mailing (except direct Bereavement Support)	Preparation for and attending meetings	Other bereavement activities*	
Afghan Association Pajwand	4	4	4	4	3	4	15	26
All Saints, Queensbury	0	0	0	0	0	0	0	0
All Saints, Harrow Weald	41	11	52	1	0	0	2	55
Ark Synagogue	118	50	92	19	117	48	276	276
Children's Group	13	13	40	3	9	7	59	59
Doverall Bereavement - HPBC **	3	3	26	2	8	21	57	57
Edgware & Mill Hill Visiting Group**	0	0	0	0	0	45	45	45
Emmanuel, Northwood	23	22	72	15	33	61	181	181
Holy Trinity, Wealdstone **	23	7	40	6	41	11	98	98
Holy Trinity, Northwood**	10	8	68	10	78	77	233	233
Ickenham Churches**	86	16	54	14	230	125	423	423
Kol Chai Synagogue	68	18	66	19	102	102	289	289
Lodge Group (1)	117	4	120	30	81	65	296	296
Lodge Group (2)	14	11	132	18	28	6	184	184
Lodge Group (3)	12	4	304	27	82	49	462	462
Mosaic Bereavement Group	55	47	136	71	221	195	623	623
Pinner United Synagogue	35	32	60	36	133	42	271	271
St John's, Pinner	109	19	127	29	277	233	666	666
St John's, Stanmore	9	4	59	9	52	74	194	194
St Mary's - Harrow-on-Hill	2	2	10	0	2	2	14	14
Visiting Totals for year	742	275	1462	312	1498	1180	4452	
Drop-In Groups								
Drop-In Organisation	Number of Max individuals in the year**		TOTAL VOLUNTEER HOURS					
Doverall Bereavement - HPBC	14		136					
Edgware & Mill Hill Visiting Group	16		130					
Footprints Drop-In (St Margarets, Ux)	6		140					
Holy Trinity, Wealdstone Drop-in	24		264					
Holy Trinity, Northwood Drop-in	14		210					
Ickenham Churches Drop-In	22		142					
Drop In Totals for Year	96		1022					
Total Visiting + Drop-In	371		5,474					

*Other bereavement activities" includes:- Client assessments; preparation for visiting and phoning; writing up notes; conferences and training; fundraising; Tree of Life and Memorial services; anything else

** Drop-In Notes: All attendees for first session in year are recorded as new. Thereafter for further drop-in sessions only number of new people attending for the first time are recorded.

*** Due to the Covid Pandemic, the nature of Bereavement Visiting changed during 2020 and includes face-to-face visiting, telephone support and video (Zoom/Skype) support.

GROUP STATISTICS for the year ended 31st December 2022

Analysis of total number of new individuals/attendees contacted this year, by gender, age and ethnicity, inc Drop-In for 2022																																						
Organisation by name indicates Drop-In state included) (**	Total new Individuals Visiting plus Drop-In	Gender		Race Disabled	Age			Ethnicity																														
		Male	Female		Under 16	17-59	Over 60	White British	Irish	White Other	Bangla- deshi	Indian	Paku- rani	Asian/Other	African	Afr- ican Caribb'n	Black Other	China	Other Ethnic	Mixed Wh Afr'n	Mixed White/ Asian	Mixed Afr'n Caribb	Mixed Other															
Alyhan Association Paviard	4		4			4																																
All Saints Queensbury	0																																					
All Saints, Harrow Weald	11	2	9	1		11																																
Ark Synagogue	50	11	39	1		12		38																														
Children's Group	13	7	6			13																																
Doverall Bereavement - HPBC **	17	8	9			2		15																														
Edgware & Mill Hill Visiting Group **	16	3	13			8		8																														
Emmanuel, Northwood	22	5	17			4		18																														
Footprints Drop-in **	6	2	4	1				6																														
Holy Trinity, Wealdstone **	31	12	19			9		22																														
Holy Trinity, Northwood **	22	4	18			3		19																														
Ickenham Churches **	38	15	23			8		30																														
Koi Chai Synagogue	18	2	16			1		17																														
Lodge Group (1)	4	2	2			2		2																														
Lodge Group (2)	11	4	7	1		8		3																														
Lodge Group (3)	4		4			1		3																														
Mosaic Bereavement Group	47	10	37			12		35																														
Pinner United Synagogue	32	12	20			3		29																														
St John's, Pinner	19	4	15	1		9		10																														
St John's, Stannore	4		4			3		1																														
St Mary's - Harrow-on-Hill	2	1	1			1		1																														
Totals for Year	371	104	267	5	13	101	257	303	4	9	3	13	3	22	0	5	2	0	6	0	0	0	1	0	0	1	0	0	0	0	0	0	0	0	0	0	0	