

Trolley Dash at Waitrose, Ruislip

Our third annual Bereavement Care Trolley Dash took place on Sunday 29th November at Waitrose, Ruislip in the presence of The Mayor of Hillingdon, Councillor George Cooper and the Mayoress.



The lucky winner, Mrs Ingrid Blau (a regular shopper at the store) had great fun dashing round the aisles for two minutes (after it had closed) filling her trolley. Huge thanks to the management at Waitrose and to **Michele Lussagnet** for arranging it and encouraging H.C.Grimstead to sponsor the tickets; to **Jeanette Leibling** for recruiting the volunteers, arranging the rota, sorting out the parking and all the other admin; but especially to all our volunteers and the members of Ruislip Lions who gave their time so generously to sell the tickets. We anticipate the final proceeds to be around £2,000. Well done one and all!

Bridge and Lunch at Pinner Hill Golf Club

Many thanks to **Marianne Kittel** and her team of helpers who masterminded the Bridge Day on Wednesday 30th September. We were grateful, once again, to Paul Wilson for giving freely of his time as tournament director. Our players were delighted with the new venue and the Golf Club provided much of the catering. Thank you to all who supported this.

Annual Conference "Ages of Grief"

The 34th Annual Conference took place at Mosaic Reform Synagogue on 14th October – and judging by the feedback forms, was a great success. We had a superb panel of speakers who spoke with great emotion and knowledge about their own specialism. A big thank you to **Jenny Reid** and the Conference Planning Group for much work behind the scenes to bring it all together.

Coming soon ...

Carol Singing at Harrow on the Hill Station

Wednesday 16th December from 5.15pm – 7.00pm

Please come in fine voice (and festive attire) to warm the hearts of shoppers and returning commuters.



Don't miss The BIG Fish and Chip Supper Quiz

Saturday 9th January 2016 at 7.00pm at our new venue: Mosaic Reform Synagogue, Bessborough Road HA1 3BS.

Supper served at 7.30pm: Fish & Chips*, fruit, dessert, coffee and wine. (*Alternatives for particular dietary needs to be specified when booking please)

Tickets £19.00 per person available from **Bobbi Riesel** 020 8428 7977 or via the office 020 8427 5720. Team Tables of 8 people.

Buy your tickets early as they sold out quickly last year!

And later in the year ...

Our 35th Annual Conference

The feedback from our last Conference told us that you would like to know the date of the next one as early as possible – so we have the date:

Wednesday 2nd November 2016 and the venue: **Mosaic Reform Synagogue** ... but as for any other details, I'm afraid you'll have to wait a little longer!

Courses at The Lodge.

Initial Bereavement Training (7-week Course)

Tuesdays 9th, 16th, 23rd Feb and 1st, 8th, 15th, 22nd March (7.30pm – 9.30pm)

Neonatal Workshop

Wednesday 24th February (7.30pm – 9.30pm)

Further details on the web-site or from the office.

If you have any contributions for the next issue, please e-mail them to the office to arrive by Friday 26th February.

Please feel free to distribute this Newsletter to current and prospective supporters of Bereavement Care.