

Fish & Chip Supper Quiz

Back by popular demand the BIG Fish and Chip Supper Quiz will be taking place on **Saturday 16th February 2019** at Mosaic Reform Synagogue, Bessborough Road, Harrow HA1 3BS. Arrival from 6.45pm for Fish and Chips at 7.00pm, followed by the Quiz.

Make up a table of eight, or we'll arrange it for you, and enjoy a delicious fish and chip supper prior to some intellectual stimulation.

Tickets £21 are currently available from Bobbi Riesel 020 8428 7977 bobbi@riesel.co.uk

But don't leave it too late and discover that you have missed the boat!

Recent Donations

We have been very fortunate to have received donations from several sources over the past few months. Some of these have been from former clients of Bereavement Care. We are also very grateful to Angela & Richard Conradi, who nominated Bereavement Care as one of the charities to receive donations from their friends and family in lieu of gifts on the Golden Wedding Anniversary. Thank you so much for this selfless gesture.

Membership Renewals

As we draw towards the end of another busy year, it would be remiss of me not to thank you for your support over the past 12 months. Whether you are part of a Corporate Member (such as a church or synagogue) or an Individual Member – or in many cases, both: your contributions are much appreciated. The Trustees agreed that the fees should once again remain the same for another year. Application Forms for both Corporate and Individual Membership can be downloaded from the Bereavement Care web-site.

Forthcoming Training and Events:

Tuesday 8th January **For Group Leaders**
Group Leaders are invited to attend the Bereavement Care Office at 2.00pm on Tuesday 8th January to contribute to the Bereavement Care Development Plan. It is anticipated the meeting should not take more than 1 – 1½ hours. Please notify David if you are planning to attend.

Wednesdays 23rd & 30th January **IBT Course**
Initial Bereavement Training Course at The Lodge.
Two Wednesdays from 9.45am – 4.00pm

37th Annual Conference

“ALL OF A SUDDEN”

THE AFTERMATH OF UNEXPECTED DEATH

We have received some very positive feedback from our Annual Conference which took place on 31st October at Mosaic Reform Synagogue

With over 125 delegates we were almost as full as we can be. It is clear that the presenters in the morning session were particularly moving and the discussion forums in the afternoon aimed to focus upon the response needed by our bereavement visitors. Jane Harrison has written a comprehensive report which can be found on our web-site.

Waitrose Community Matters

I am sure that you will be aware of the Waitrose Green Disc Community Matters scheme that has been running for many years. I am pleased to report that Waitrose in **Harrow Weald** has selected Bereavement Care as one of their recipient charities in **January 2019**. If you happen to be shopping there next month, please drop a green disc in the box for Bereavement Care. Other Waitrose Stores in the area have also been approached, so please check from month to month to see if our name appears!

Without You!

This year (2018) we have taken over 240 telephone calls in the Bereavement Care Office asking for bereavement support. This represents a marked increase from 2017, in which there were a total of 222. Most businesses would be delighted to have increased their client numbers by 10% in a year ... but for Bereavement Care that represents additional time given generously by our small team of Assessors and ultimately by our Group Leaders and Visitors. Thank you for all you do in supporting those who come to us looking for bereavement support. We couldn't do it without you!

Carol Singing

Please come and support us at one (or more) of our Carol Singing events. You can arrive anytime after 4.30pm and we will be finishing by 7.00pm each day.

Monday 10th December **Rayners Lane Station**

Thursday 13th December **Uxbridge Station**

Wednesday 19th December **Harrow on the Hill Station**

We need a good turnout for each venue, so please pick one (or more) and let us know you'll be coming (as there are limits on the maximum numbers for each location).

If you have any contributions for the next issue, please e-mail them to the office to arrive by Friday 22nd February. Please feel free to distribute this Newsletter to current and prospective supporters of Bereavement Care.